



Old Kings Arms Hotel

## Starters / Light Snacks

**Homemade Soup of the Day £6**  
*served with crusty bread & butter (V,GFO)*

**Bacon, Cockles & Penclawdd Laverbread £9**  
*served with crusty bread & butter (GFO)*

**King's Cheese Platter £8.50**  
*Caws Cerwyn Cheddar, Caws Preseli Brie, Perl-Las Blue,  
cornichons, onion chutney, crusty bread & butter (GFO)*

**Salmon Fishcakes £8**  
*dressed leaves, roasted lemon, tartare sauce*

**Halloumi Salad £8**  
*roasted peppers, pine nuts, dressed leaves (V, GF)*

**Caramelised Onion Hummus £7**  
*with toasted pitta (Vg)*

**(V) vegetarian (Vg) vegan (GF) gluten free (GFO) gluten free to order**

Full Allergen List Available On Request

**Please inform us of any Allergy/Intolerance when ordering**

Meals are produced in an environment containing Nuts, Gluten, Fish, Shellfish, Mustard, Celery,  
Sulphites, Milk & Eggs

## Main Courses

### Steak & Welsh Ale Pie **£14.50**

with a shortcrust base, topped with flaky puff pastry

### Slow Roasted Pork Belly **£14.50**

Pembroke Cider gravy, apple sauce & crackling (GF)

**the above meals are served with vegetables of the day and a choice of skin-on chips, boiled potatoes or gratin dauphinoise**

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### Garlic & Rosemary Chicken Breast (GF) **£14.50**

### 12oz Rump Steak (GF) **£19**

### 10oz Gammon Steak (GF) **£14.50**

with a free-range egg

**served with sauteed mushrooms and a choice of skin-on chips, boiled potatoes or gratin dauphinoise**

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### Homemade Steak Burger **£14.50**

with our own burger sauce & topped with a choice of cheddar or blue cheese

### Southern Fried Chicken Burger **£14.50**

with cajun mayonnaise

### Halloumi Burger **£14.50**

with sweet chilli sauce (V)

**burgers are served in a toasted brioche bun with salad garnish and skin-on chips**

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Sweet Potato, Spinach & Chickpea Curry **£14**  
with fragrant rice & poppadom **(Vg,GF)**

Battered Cod Fillet  
with chips, mushy peas & tartare sauce **(GFO)**  
**Small £9 Large £15**

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Herb Crusted Hake Fillet **£16.50**  
Grilled Salmon **(GF) £17.00**

served with a lemon beurre blanc sauce, tenderstem broccoli and a choice of skin-on chips, boiled potatoes or gratin dauphinoise

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## Smaller Eaters

Breaded Chicken Breast Goujons  
with chips and peas/baked beans

Preseli Gold Pork Sausages  
with chips and peas/baked beans

Sweet Potato, Spinach & Chickpea Curry  
with rice/chips **(GF,Vg)**  
**£8**

## Sides

Skin-on Chips **(Vg,GF) £3.50** Skin-on Chips with Cheddar & Truffle Oil **(GF,v) £4.50**

French Bread & Butter **(v,GFO) £3** Mixed Leaf Salad **(GF,v) £3.50**

Tenderstem Broccoli with Lemon & Almonds **(GF,vg) £3.50**

Peppercorn Sauce **(GF) £4** Welsh Blue Cheese Sauce **(GF,v) £4**

Garlic Bread **(GFO,v) £3.50** Garlic Bread with Mature Cheddar **(GFO,v) £4**

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