



Old Kings Arms Hotel

## Starters / Light Snacks

**Homemade Soup of the Day £6**  
*served with crusty bread & butter (V,GFO)*

**Bacon, Cockles & Penclawdd Laverbread £9**  
*served with crusty bread & butter (GFO)*

**King's Cheese Platter £8**  
*Caws Cerwyn Cheddar, Caws Preseli Brie, Perl-Las Blue,  
cornichons, onion chutney, crusty bread & butter (GFO)*

**Salmon Fishcakes £8**  
*dressed leaves, roasted lemon, tartare sauce*

**Halloumi Salad £7**  
*roasted peppers, pine nuts, dressed leaves (V, GF)*

**Katsu Chicken Pieces £7.50**  
*panko breadcrumb, pak choi, sweet curry sauce*

**Caramelised Onion Hummus £6.50**  
*with toasted pitta (Vg)*

**(V) vegetarian (Vg) vegan (GF) gluten free (GFO) gluten free to order**

Full Allergen List Available On Request

**Please inform us of any Allergy/Intolerance when ordering**

Meals are produced in an environment containing Nuts, Gluten, Fish, Shellfish, Mustard, Celery,  
Sulphites, Milk & Eggs

## Main Courses

### Steak & Welsh Ale Pie **£13.50**

with a shortcrust base, topped with flaky puff pastry

### Slow Roasted Pork Belly **£13.50**

Pembroke Cider gravy, apple sauce & crackling **(GF)**

**the above meals are served with vegetables of the day and a choice of skin-on chips, boiled potatoes or gratin dauphinoise**

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### Garlic & Rosemary Chicken Breast **(GF) £13.50**

10oz Ribeye Steak **(GF) £24** 12oz Rump Steak **(GF) £18**

### 10oz Gammon Steak **(GF) £13.50**

with a free-range egg

**served with sauteed mushrooms and a choice of skin-on chips, boiled potatoes or gratin dauphinoise**

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### Homemade Steak Burger **£13.50**

with our own burger sauce & topped with a choice of cheddar or blue cheese

### Southern Fried Chicken Burger **£13.50**

with cajun mayonnaise

### Halloumi Burger **£13.50**

with sweet chilli sauce **(V)**

**burgers are served in a toasted brioche bun with salad garnish and skin-on chips**

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Sweet Potato, Spinach & Chickpea Curry **£13**  
with fragrant rice & poppadom (Vg,GF)

Battered Cod Fillet  
with chips, mushy peas & tartare sauce (GFO)  
**Small £8 Large £14**

Smoked Haddock Fillet **£17.50**  
with a leek & potato cake, tenderstem broccoli, a poached free-range egg and cheese sauce

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Herb Crusted Hake Fillet **£15.50**  
Grilled Salmon (GF) **£16.50**  
Roasted Monkfish (GF) **£17.50**

served with a lemon beurre blanc sauce, tenderstem broccoli and a choice of skin-on chips, boiled potatoes or gratin dauphinoise

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## Smaller Eaters

Breaded Chicken Breast Goujons  
with chips and peas/baked beans

Preseli Gold Pork Sausages  
with chips and peas/baked beans

Sweet Potato, Spinach & Chickpea Curry  
with rice/chips (GF,Vg)  
**£7**

## Sides

Skin-on Chips (Vg,GF) **£3** Skin-on Chips with Cheddar & Truffle Oil (GF,V) **£4**  
French Bread & Butter (V,GFO) **£2.50** Mixed Leaf Salad (GF,V) **£3**  
Tenderstem Broccoli with Lemon & Almonds (GF,Vg) **£3**  
Peppercorn Sauce (GF) **£3** Welsh Blue Cheese Sauce (GF,V) **£3**  
Garlic Bread (GFO,V) **£3** Garlic Bread with Mature Cheddar (GFO,V) **£3.50**

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