



Old Kings Arms Hotel

Starters / Light Snacks

Homemade Soup of the Day £6
served with crusty bread & butter (V,GFO)

Bacon, Cockles & Penclawdd Laverbread £9
served with crusty bread & butter (GFO)

King's Cheese Platter £8
*Caws Cerwyn Cheddar, Caws Preseli Brie, Tysul Blue,
cornichons, onion chutney, crusty bread & butter (GFO)*

Salmon Fishcakes £8
dressed leaves, roasted lemon, tartare sauce

Halloumi Salad £7
roasted peppers, pine nuts, dressed leaves (V, GF)

Katsu Chicken Pieces £7.50
panko breadcrumb, pak choi, sweet curry sauce

Caramelised Onion Hummus £6.50
with toasted pitta (Vg)

(V) vegetarian (Vg) vegan (GF) gluten free (GFO) gluten free to order

Full Allergen List Available On Request

Please inform us of any Allergy/Intolerance when ordering

Meals are produced in an environment containing Nuts, Gluten, Fish, Shellfish, Mustard, Celery,
Sulphites, Milk & Eggs

Main Courses

Steak & Welsh Ale Pie **£13.50**

with a shortcrust base, topped with flaky puff pastry

Slow Roasted Pork Belly **£13.50**

Pembroke Cider gravy, apple sauce & crackling **(GF)**

the above meals are served with vegetables of the day and a choice of skin-on chips, Pembrokeshire new potatoes or gratin dauphinoise

Garlic & Rosemary Chicken Breast **(GF) £13.50**

10oz Ribeye Steak **(GF) £24** 12oz Rump Steak **(GF) £18**

10oz Gammon Steak **(GF) £13.50**

with a free-range egg

served with sauteed mushrooms and a choice of skin-on chips, Pembrokeshire new potatoes or gratin dauphinoise

Homemade Steak Burger **£13.50**

with our own burger sauce & topped with a choice of cheddar or blue cheese

Southern Fried Chicken Burger **£13.50**

with cajun mayonnaise

Halloumi Burger **£13.50**

with sweet chilli sauce **(V)**

burgers are served in a toasted brioche bun with salad garnish and skin-on chips

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Sweet Potato, Spinach & Chickpea Curry **£13**
with fragrant rice & poppadom (Vg,GF)

Battered Cod Fillet
with chips, mushy peas & tartare sauce (GFO)
Small £8 Large £14.50

Pembrokeshire Sea Bass Fillet **£17.50**
prawn butter sauce, pak choi and new potatoes (GF)

Herb Crusted Hake Fillet **£14.50**
Grilled Salmon (GF) **£16.50**
Roasted Monkfish (GF) **£17.50**

served with a lemon beurre blanc sauce, tenderstem broccoli and a choice of skin-on chips, Pembrokeshire new potatoes or gratin dauphinoise

Smaller Eaters

Breaded Chicken Breast Goujons
with chips and peas/baked beans

Preseli Gold Pork Sausages
with chips and peas/baked beans

Sweet Potato, Spinach & Chickpea Curry
with rice/chips (GF,Vg)
£7

Sides

Skin-on Chips (Vg,GF) **£3** Skin-on Chips with Cheddar & Truffle Oil (GF,V) **£4**

French Bread & Butter (V,GFO) **£2.50** Mixed Leaf Salad (GF,Vg) **£3**

Tenderstem Broccoli with Lemon & Almonds (GF,Vg) **£4**

Peppercorn Sauce (GF) **£4** Welsh Blue Cheese Sauce (GF,V) **£4**

Garlic Bread (GFO,V) **£3** Garlic Bread with Mature Cheddar (GFO,V) **£4**

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