



second edition



**foodWales**  
eating out guide

### **LA CARTE – MAIN COURSE**

<b>“Wheelers” King Prawns in Garlic And Parsley Butter</b>	<b>£15.75</b>
<b>King Prawns “Henry VII”, King Prawns wrapped in Smoked Bacon and cooked in a Tomato, Cream and Marsala Sauce served with Rice</b>	<b>£16.75</b>
<b>Pan fried Fillet of Salmon with Butter Sauce</b>	<b>£14.50</b>
<b>Pan fried Welsh Fillet Steak with Mushrooms</b>	<b>£20.75</b>
<b>Pan fried Welsh Fillet Steak “au poivre”</b>	<b>£21.75</b>
<b>Grilled Welsh Sirloin Steak with shallot butter</b>	<b>£16.95</b>
<b>Slow Braised Lamb Shank in a red wine sauce</b>	<b>£14.50</b>
<b>Grilled Breast of corn fed Chicken, filled with Carmarthen Ham, Leeks &amp; Pant Mawr Cheese</b>	<b>£14.75</b>
<b>Breast of Gressingham Duckling on mashed minted peas</b>	<b>£15.50</b>
<b>Seared Welsh Lamb Fillet on wilted greens with a Port and Red currant Sauce</b>	<b>£16.95</b>
<b>Pork Medallions with a Wild Mushroom, Cream &amp; Marsala Sauce</b>	<b>£15.95</b>
<b>Pork Fillet flamed in Brandy served with Carmalised Apples</b>	<b>£14.50</b>

**Onion Rings £2.50      Garlic Bread £2.00**  
**Selection of Fresh Vegetables and Potatoes Included**

**Vegetarian Meals Available**

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